



Your guide for Orenitram

An informational resource to help you
understand what to expect from treatment

Please see the complete Important Safety Information on the inside spread and the Full Prescribing Information and Patient Information for Orenitram in pocket.


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EXTENDED-RELEASE TABLETS

Why Orenitram® (treprostinil)?

People with pulmonary arterial hypertension, or PAH, may not produce enough prostacyclin, which is a natural chemical in your body that helps keep the blood vessels in your lungs open. Orenitram is a man-made form of prostacyclin, called a “prostacyclin mimetic.” This means that it treats PAH by mimicking some of the effects of the natural prostacyclin your body lacks.

- Orenitram helps keep the blood vessels in your lungs open, which may make it easier for your heart to pump blood through your lungs
- By taking Orenitram, you could slow down the worsening of PAH and see improvements in your symptoms and function

Planning ahead with your doctor

When you start Orenitram, your doctor will work with you to increase the dose of your treatment slowly. This allows your body to become used to the therapy over time. Because of the way Orenitram works, you are likely to experience side effects, potentially before you see the benefits of the therapy. But if you stay with it, you have the opportunity to see improvements in your symptoms and function.



Do not change your dose or suddenly stop taking your medication without first talking to your doctor



Your doctor may adjust your dose up or down depending on your response to treatment



Your doctor has ways to help lessen the impact of side effects

- Use the back of this pamphlet to write down any prescription or over-the-counter medication your doctor recommends to help manage side effects
- Be open with your healthcare team and let them know if you experience a side effect so they can find ways to help

IMPORTANT SAFETY INFORMATION for Orenitram

Who should not take Orenitram?

Do not take Orenitram if you have severe liver problems.

What should I tell my healthcare provider before taking Orenitram?

Tell your healthcare provider:

- If you have liver problems or diverticulosis.

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Ways to help with side effects

Space your Orenitram dose evenly, every 8 hours (3 times a day)*

- Taking Orenitram every 8 hours can help keep steady levels of medication in your body and may help reduce side effects
- Always take Orenitram as prescribed by your doctor

Take Orenitram with food

- Taking Orenitram with a meal or snack may help minimize side effects
 - Try different combinations of foods with your doses of Orenitram to see what works best for you
 - Use the magnet in the pocket as a starting point for ideas of meals or snacks that you can take with your Orenitram
- Varying the timing of your food or snack when taking Orenitram can help you determine what your body tolerates best
 - You can try eating your food 15 minutes before taking Orenitram or taking Orenitram at the same time as you eat

How to make taking Orenitram part of your daily schedule



IMPORTANT SAFETY INFORMATION for Orenitram

What should I tell my healthcare provider before taking Orenitram? (cont)

Tell your healthcare provider:

- If you are pregnant, breastfeeding, and/or plan to become pregnant or breastfeed. It is not known if Orenitram will harm your unborn baby or if Orenitram passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with Orenitram.

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*If taking Orenitram twice daily, space evenly every 12 hours.

WHAT IS ORENITRAM?

Orenitram is a prescription medicine used to treat pulmonary arterial hypertension (PAH) which is high blood pressure in the arteries of your lungs. Orenitram can help slow down the progression of your disease and improve your ability to exercise. It is not known if Orenitram is safe and effective in children.

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- **About all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Orenitram and other medicines may affect each other causing side effects. Do not start any new medicine until you check with your healthcare provider. Especially tell your healthcare provider if you take another medicine that contains tadalafil, such as Remodulin® or Tyvaso®.

How should I take Orenitram?

- **Do not change your dose or suddenly stop taking Orenitram without first talking to your healthcare provider.**
- Orenitram is usually taken 3 times a day (about every 8 hours) or 2 times a day (about every 12 hours). Your healthcare provider will tell you how often you should take Orenitram. If you have side effects, your healthcare provider may tell you to change your dose or when you take Orenitram. Take Orenitram with food.
- Swallow Orenitram tablets whole. Do not split, chew, crush, or break your Orenitram tablets. Do not take Orenitram tablets that are damaged or broken. **If Orenitram tablets are not taken whole, they may release too much medicine at one time. This can lead to side effects.**
- If you miss your dose of Orenitram, take the missed dose as soon as possible with food.
- If you miss 2 or more doses of Orenitram, call your healthcare provider to see if you need to change your dose.

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How should I take Orenitram? (cont)

- If you take too much Orenitram, call your healthcare provider or go to the nearest hospital emergency room right away.
- You may see the tablet shell in your stools (bowel movements). This is usually normal. The tablet shell is not digested. If you have diverticulosis, the tablet shell may get stuck in a blind pouch or diverticulum in your intestine.

What are the possible side effects of Orenitram?

Orenitram can cause serious side effects, including worsening of PAH symptoms.

- Stopping Orenitram suddenly may cause worsening of your PAH symptoms. **Do not change your dose or suddenly stop taking Orenitram without first talking to your healthcare provider.**
- **The most common side effects of Orenitram include** headache, diarrhea, nausea, vomiting, flushing, and pain in arms, legs, and jaw. These are not all of the possible side effects of Orenitram. Tell your healthcare provider if you have any side effect that bothers you or does not go away.
- Call your healthcare provider for medical advice about side effects. You may report side effects to the FDA at www.fda.gov/MedWatch or call 1-800-FDA-1088.

The risk information provided here is not comprehensive. To learn more about Orenitram, talk with your healthcare provider. Please see Full Prescribing Information and Patient Information at www.orenitram.com or call Customer Service at 1-877-UNITHER (1-877-864-8437).

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Common side effects and developing a plan

Prostacyclin-class therapies, such as Orenitram, can have wide-ranging effects throughout the body, and it may take time for your body to adjust. The most common side effects experienced by patients include headache, diarrhea, nausea, vomiting, flushing, and pain in arms, legs, and jaw.

- Talk with your doctor about potential side effects so you know what to expect
- Have a plan for managing side effects in place ahead of time to help increase your chance of treatment success

Use the space below to write down your plan, including additional medications, supplements, or other techniques to help lessen side effects.

Prescription*	OTC	Medication	Intended Use
<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____	_____

*These medications will require a prescription from your doctor.

Additional notes

If you have questions or are experiencing side effects, contact your healthcare team. Together, you can work towards a solution.

Who to call: _____

IMPORTANT SAFETY INFORMATION for Orenitram

What should I tell my healthcare provider before taking Orenitram? (cont)

Tell your healthcare provider:

- **About all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Orenitram and other medicines may affect each other causing side effects. Do not start any new medicine until you check with your healthcare provider. Especially tell your healthcare provider if you take another medicine that contains treprostinil, such as Remodulin® or Tyvaso®.

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FINDING FOOD COMBINATIONS

Each dose of your Orenitram treatment should be taken with food, but not *in food*. Swallow Orenitram tablets whole; do not crush, split, or chew. This chart provides some examples of options you can mix and match when taking your Orenitram.

GRAB AND GO EXAMPLES	AT HOME EXAMPLES
Nutrition shake	Cooked oatmeal
Full-fat yogurt	Egg
Protein bar	Shredded wheat cereal
Whole-wheat crackers	Soy milk
Spreads, like cream cheese or avocado	Low-sodium soup
Nuts, like almonds and walnuts	Grilled chicken
Mixed berries	Grilled salmon
Peanut butter	Medium sweet potato

SNACK EXAMPLES

Peanut Butter Banana Toast 1 slice whole-wheat toast, 1 tbsp peanut butter, 1 small banana	Oatmeal and Almonds 1/2 cup cooked oatmeal, 1/4 cup almonds
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MEAL EXAMPLES

Breakfast	Lunch	Dinner
Eggs, Toast, and Berries 2 scrambled eggs, 1 slice whole-wheat toast, 3/4 cup mixed berries	Tuna Salad 1 can low-sodium tuna, 4 tbsp hummus, 2 cups salad greens, whole-wheat crackers	Turkey Cheeseburger and Broccoli 3 oz ground turkey, 1 bun, 1 slice cheese, 1 cup steamed broccoli

More suggestions available at www.orenitram.com/patient-support/nutrition-guide

Remember to share which food combinations are and aren't working well for you with your healthcare team

This information is provided for an informational purpose and is not intended as treatment advice. Patients should consult a healthcare professional for treatment advice.

You may report side effects to the FDA at www.fda.gov/MedWatch or call 1-800-FDA-1088.

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Tips to consider

Because your Orenitram treatment is personalized, you and your healthcare team should work together to find out what works best for you. Here are some tips to help keep you on track toward your treatment goals.

When you take a dose of Orenitram

Take your dose with a meal or a snack because the absorption of Orenitram is affected by food.

When you need ideas for healthy meals/snacks

Refer to your Orenitram Food Magnet. Place it on your refrigerator or take a picture with your phone to have healthy suggestions at your fingertips. Eating meals or snacks is an important part of your daily Orenitram routine. Explore different foods and combinations, and keep a running list of which work best for you. For additional meal and snack ideas, check out www.orenitram.com/patient-support/nutrition-guide.



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My dosage times

Write down when your doctor has said you should take your Orenitram, and keep this card with you. Remember to take your Orenitram with food, but not *in food*, at these times. Swallow Orenitram tablets whole; do not crush, split, or chew.

Time

Your 1st dose: _____

Your 2nd dose: _____

Your 3rd dose: _____
(if prescribed)

This information is provided for an informational purpose and is not intended as treatment advice.

Patients should consult a healthcare professional for treatment advice.

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